

# LIFEOPRYLAND DAYS



Family  
Fun Run/Walk

**Proceeds will benefit  
Camp ReCreation**

**Date: Aug 14, 2010**

**Where: Richardton, ND**

**Time: 8:00 a.m.**

**Pre-register by: July 26, 2010**

**Entry fees:**

- \$15.00 Pre-registered runners (before 7/26/10)
  - \$20.00 After 7/26/10 and Race-day registration
- Race Day registration will be 7:15-7:45 AM

**Race & registration will begin at the  
High School parking lot (east).**

**\*\*Only pre-registered participants  
will get a free t-shirt.**

**\*\*Your registration will get you en-  
tered for the drawing.**

**Prizes will be awarded to the 1st  
place female and male runner and  
1st place walker  
(Walkers must walk the entire 5K)**

For more information or to register call or email:  
**Stacey Allard: 701-239-4082**  
stacey-allard@hotmail.com

**Wendy Mitzel: 701-281-6070**  
Wmitzel@rdoequipment.com

**Cruis'n for**



Win a LG 46"  
LCD 1080p TV!



Donated by Happy Harry's  
Bottle Shops



Grand Forks & Fargo, ND

Not able to be there? Want to give to a good cause? Want a chance to win the TV? Not a runner or walker?

**Send in a registration**

Mark the "Support Camp Rec but not Running" section.

All checks payable to "Camp ReCreation"

**Entry forms available at:**

Richardton: Bremer Bank & Cenex

Taylor: Dakota Community Bank

**Online: [www.camprecreationnd.com](http://www.camprecreationnd.com)**

**Mail form and entry  
fee to:**

Stacey Allard  
c/o Family Fun Run/Walk  
5321 33rd St S  
Fargo, ND 58104

**Thank you to our other Sponsors:**



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